



# PH Hometown News

Volume 2, Issue 3

March 2001

## PH POCs

- AFMOA  
Col Deneice Van Hook 297-4280  
Lt Col Fred Kelsey 297-4269  
Maj Lisa Pegues 297-4216  
MSgt Mark Mellinger 297-0187
- ACC:  
Col Robin Taylor 574-1268  
SMSgt Theron Reed 574-1294
- AMC:  
Col (S) Rex Brennan 779-6336  
CMSgt Jeff Strout 779-6791
- Space Command  
Col Don Coates  
CMSgt Rich Johnson 834-1206
- AFMC  
Col (S) Judith Holl 787-6728  
SMSgt Steve Henry 785-2510 X323
- AETC:  
Col Diana Barnicott 487-6536  
CMSgt Ricky Adair 523-7710
- USAFE:  
Lt Col Ken Hall 314-480-6756  
SMSgt Tom Bocek 314-480-6756
- PACAF:  
Lt Col Bill Courtney 315-449-1269  
SMSgt Bill Hollowood
- AFSOC:  
Lt Col Richard "Joel" Williams 641-5625  
Maj Raphael Sharron 641-5625
- Reserves  
SMSgt Patricia Tooley 497-0600
- ANG:  
Lt Col Paul Rehme 278-7601
- USAFSAM  
Col Tom Stedman 240-2269  
CMSgt Rich Hollins 240-3766

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## TEAM AEROSPACE AWARD



**DATELINE TAC (AFMOA):** The team aerospace award recognizes a unit for significant contributions to the vision and mission of team aerospace through team action and achieved results. Of particular importance in selecting the winner is how the team actions promoted and enhanced operational health, safety and performance while demonstrating the inter-reliability of team aerospace functions.

The award period for the 2000

tradition with a significant number of high-quality nominations from the MAJCOMS.

It was obvious to us the "best of the best" units were nominated and the selection of one winner was difficult.

48<sup>th</sup> Aerospace Medicine Squadron (USAFE)  
35<sup>th</sup> Aerospace Medicine Flight (PACAF)  
30<sup>th</sup> Aerospace Medicine Squadron (SPACE COMMAND)  
56<sup>th</sup> Aerospace Medicine Squad-

award is from 1 Jan – 31 Dec 2000. This is the first annual team aerospace award and we were pleased to start this important

ron (AETC)  
22<sup>nd</sup> Aerospace Dental Operations Squadron (AMC)  
366<sup>th</sup> Aerospace Medicine Squadron (ACC)  
USAF School of Aerospace Medicine (AFMC)  
US Air Force Academy Cadet Clinic (USFAA)  
This year's winner stood out as an organization that efficiently and effectively promotes and enhances performance and supports operational health and safety throughout the air force. At the heart of this organization's success is a long tradition of excellence and a new organizational structure that encourages close cooperation between all of the functional experts within team aerospace. This cooperation epitomizes the interdependence that makes it a "Team Aerospace".

The winner of the 2000 team aerospace award is the AFMC nominee; the United States Air Force School of Aerospace Medicine.

## SKUNKWORKS...Send me your Best Practices!

**DATELINE PROMOTIONS:** The latest promotion list for Lt Col was released last month...our LTC selects are: Michael Butel, Carol Fisher, Steven Niehoff, Brian Ortman, George Prascsak, Paul Sjoberg, Laura Trent, Tammy Von Busch, and Timothy Woodruff.

**DATELINE PROMOTIONS:** The SMSgt list was released in early March. Public Health had two promotees on that list: Scott James and Jeff Hurst.  
**DATELINE Hurlburt AFB:** Congrats to newly promoted SSgt Marvin Williams and Eric Jackson. Way to go!

**CONGRATULATIONS** to all of our new promotees on moving up to the next rung on the ladder of success.

**DATELINE Robins AFB:** TSgt (S) Spencer Thomas was selected as NCO of the Year for both the MDG and AMDS for the second year in a row! Fantastic!

## Public Health Airman of the Year: A1C Nicole Garcia



A1C Nicole Garcia is from Killeen, Texas and is a Public Health Apprentice at Ellsworth AFB. She runs the Communicable Disease Control Section and enjoys working with her patients. Her

previous jobs before joining the USAF include being a Crew Trainer for McDonald's Restaurant and a radiology Assistant for Scott and White Hospital. She enjoys being a 4th grade Sunday School teacher, a Big Sister for the "Big Brothers and Big Sisters Program" in Rapid City, and a part time college student at National American University. She also loves to read and pencil sketch landscapes of the surrounding area and she enjoys long distance running. She is sin-

gle and her grandmother is her soul, her brother Gabriel and sister Alfonso are her inspirations, and her mother is the source of her honor! The anonymous quote she would like to share with us is: "There's so much now I cannot see, My eyesight's far too dim; But come what may, I'll simply trust and leave it all to Him." A1C Garcia, thanks for sharing a little bit of your life with the rest of us! We really appreciate everything you have done to make our world a better place!

## Colonel Cleveland L. Parker Award: MSgt Diana L. Lacy



include: England AFB, Louisiana; Travis AFB, California; Charleston AFB, South Carolina (2 tours); Kun-

san AB, Korea; Hahn AB, Germany; Ramstein AB, Germany; and her current assignment at Vance AFB, Oklahoma. She is the Chief of Public Health (no officer assigned); NCOIC of the Aeromedical Flight and Infection Control function as well as the alternate First Sergeant. She started out as a veterinary technician and has been through the changes from animals to STD's to statistics. She enjoys jogging, reading, gardening and traveling. She has been married to Duane for almost 11 years and they have 3 sons: D. J. and Jason are now 20 years old

while Deanen is 18. The Lacy's have a grandson Trent who is 8 months old. The only one's left at home with the Lacy's are their 2 Heinz 57 dogs, BJ and Crystal. Her two sayings that provide her inspiration are: "Persistence; the ability to overcome obstacles along the way" and "TEAM: Treat Everyone As Me." These are nice sayings especially during these times of change in our career field! Thanks for sharing a slice of your life with us! Also thanks for all you have done for making our world a better place!

## Public Health Officer of the Year: Major Samuel D. Hall III



AFB, Florida as a second officer from

Major Sam Hall is from Grenada, Mississippi. He is the Public Health Flight Commander at Scott AFB, Illinois. His previous assignments include Homestead AFB, Florida as a second officer from June 1991 to August 1992; Tyndall AFB, Florida as Chief of Public Health from Sep 92 to Jun 94; USAFSAM ASIMS Program Manager at Brooks AFB, Texas from Jul 94 to Mar 97; Chief of Information Systems at OPHSA at Brooks AFB, Texas from Apr 97 to Jul 98; and as a student receiving his Masters Degree in Public Health at the University of Texas, Health Science Center in San Antonio, Texas from Aug 98 to Jul 99. He then moved to Scott AFB in his current position. He is married to a BEE officer, Major Ellen England who is currently a student at the University of Missouri, Rolla working on her PHD in Environmental En-

gineering. Major Hall has 4 children who live with their mother (previous marriage): Erin is 13, Emily is 10, Teresa is 6 and Heather will soon be 5. Major Hall travels as often as he can to see them (usually about once each month). When he is not traveling or working hard at the office...he enjoys anything in the water such as fishing, skiing and boating (which he says is fishing when you don't catch anything). He also enjoys hunting and hiking. A key message he gives to all who will listen is "The right thing is the right thing!" He tries to live by it even though it gets very difficult at times. Thanks for sharing a bit of your life with us!

## Public Health Staff Officer of the Year: Lt Col Roger Gibson



Lt Col Roger Gibson is from Redfield, Iowa. He is the Chief Epidemiology Consultant at the Air Force Institute for Environmental Safety and Occupa-

tional Health Risk Analysis, at Brooks AFB, Texas. He is responsible for developing and directing Air Force research on

health threats, readiness postures, and prevention initiatives. He analyzes and interprets data related to force health protection for policy makers as an aid in making evidence based decisions. His previous assignments include WHMC at Lackland AFB, Texas as the OIC of Environmental Medicine and Sanitation; Brooks AFB, Texas as Chief Environmental Health Field Consultant; Norton AFB, California as the Chief of Public Health and TRICARE Southwest Lead Agent Staff as the Chief of Preventive Services. He is married to Sue (a retired

USAF Lt Col) and they have 2 children: Amanda, 23, a student at UT Austin and Brett, 21 a student at UTSA. He enjoys hiking, racquetball, reading, gardening, watching basketball and horse racing (he is still trying to construct a regression model to predict winners). His two thoughts of wisdom: "When you receive one of these awards remember you are just representing all those friends, colleagues, mentors, and coworkers who gave freely of their advice, counsel, and criticism. Nobody gets there alone!" and "Make a difference!" Thanks for sharing sir!

## Public Health Staff NCO of the Year: TSgt (S) Robb Gudgel



TSgt (S) Robert Gudgel is from Seattle, Washington. He currently is the Career Development Course Writer for Public

Health at USAFSAM. His computer wizardry led to his selection

as the USAFSAM Webmaster. He is responsible for web sites for USAFSAM and five other organizations on base. He also instructs several courses (mainly Public Health and Residents in Aerospace Medicine or RAM personnel) in computer applications and is an extremely valuable resource to us all. He is a real "go to" person. He started his USAF PH career back in 1992 as a student at Brooks AFB. He then moved to Iraklion AS, on the Island of Crete, Greece and worked several PH programs there. He then became the NCOIC of Epidemiology at RAF La-

kenheath, United Kingdom and later became an instructor at USAFSAM at Brooks AFB, Texas. He is married to SSgt Julie Gudgel who is a Supply Instructor at Lackland AFB, Texas and is working on completing her degree in early childhood education and plans to teach special education. TSgt (S) Gudgel enjoys spending time with his wife. On most weekends they head out to go rock crawling with a local Jeep Club. They also enjoy riding their bicycles and staying in shape. Thanks for sharing a slice of your life with us!

## More SKUNKWORKS...

**DATeline MacDill:** MSgt Frank Benkoski is the 6th MDG SNCO of the Year, SrA Jennifer Remily received the SKUNKWORKS Customer Service Award, and SrA Marcus Hutchinson is PCSing to Yokota AB Japan. Way to go MacDill!

**DATeline USAFSAM:** Major Alice Chapman received the Docere Award (the Best Instructor at USAFSAM) for excellence in teaching. The Force Protection Branch won the USAFSAM Team Award...and the PH folks on that

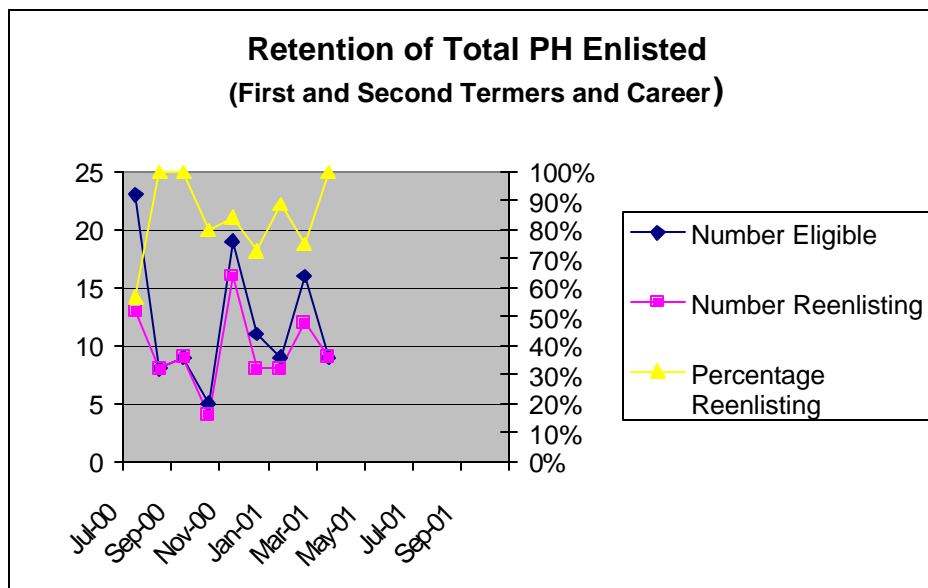
great team include: Major Armando Rosales, Major David Bowles, Capt Bob Gholson, MSgt (S) Therese Huss, TSgt Matt Krann, TSgt Wes Walker, SSgt Liz Dahlquist, and SrA Earl Thomas. Fantastic job USAFSAM!

**DATeline PACAF:** *Elmendorf:* SrA Dawnetia Austin promoted to SrA BTZ; SSgt Alex Johnson 3rd AMDS/MDG NCO Qtr and TSgt Gary Hadden 3rd MDG NCO of the Year! *Kadena:* A1C Holly Chambliss is the 18th AMDS/MDG Amn of the Qtr. *Mi-*

*sawa:* SrA Carrie Peck was promoted BTZ. PACAF nominees for PH Airman of the Year were: SrA Stephanie Holt, SrA Jenny Broder, SrA Mandi Bales, A1C Holly Chambliss, SrA Crystal Dennis, SrA Kymm Espeland, and SrA Crystal Kiessling. PACAF nominees for Col Parker Award were: TSgt Gary Hadden, SSgt David Kimberling, MSgt Karen Ruliva, MSgt Robin Williams, TSgt Brent Fenton, and MSgt Angela Poulain. **Way to go PACAF!**



WORLD-WIDE TELECONFERENCE...two sessions scheduled for 2 May 2001 at 0800 hours Central Time (0900 hours Eastern Time and 0600 Pacific time) and session two is at 1500 hours Central Time (1600 hours Eastern time and 1300 hours Pacific time) at DSN 576-0511.



## Preparing your people

This issue has focused on the annual award winners. If you are wanting to be in a future group of winners...you have to plan things out and prepare yourself for these awards. Now I am not saying that you should be involved in things just to get awards...that is the wrong thing to do...for the wrong reason. You have to plan your career...this means you have to sit down and think of what you want your career to be...what you want to be involved in and what things do you want to accomplish over your career. It is important to talk to several folks (mainly leaders throughout PH) to gather as much information you can to help you plan your future. There are three major areas you need to be concerned with. These are JOB, Professional Military life, and Civilian/personal life. First of all and probably most important...you need to know your job and accomplish it extremely well! You should be able to show tremen-

dous impact you have had in your job... how much money and resources you have saved the government in all areas you work in. Then you need to plan to be involved with office functions, squadron functions, medical group functions, wing functions, in some cases MAJCOM functions and possibly AF functions...these are official functions as well as social functions. You could be involved in the planning or setting up of these functions...and change the functions you are involved with year to year to show variety. One year you could be involved with collecting money for the Combined Federal Campaign and the next year you could be in charge of the AF Assistance Fund for your unit. There are many other projects you can get involved with...there is always opportunities to help. It is best if you can be involved with organizations such as AF Sergeants Association or Company grade Officers Council as a leader (run for a leadership position such as President or Secretary)...this always

shows that you are involved as a leader... when you perform well in those positions, you should be praised on your work in your evaluation (EPR or OPR). These leadership positions should also include your civilian community such as Boy or Girl Scouts, church, or other civic organizations in your community. If you are adequately involved (not over extended) and have a balanced life in the three categories mentioned earlier...you will have ample information for your supervisor to write great evaluations and to submit you for many awards such as Officer of the Year or NCO of the Quarter, etc. If you continually perform this way and stay involved in many different organizations...throughout your entire career...your record will show sustained superior performance with several awards being earned...hopefully, sprinkled throughout your career! This will have a dramatic positive effect on your promotion chances. Contact your mentor for more details!